



Contemplative Outreach of Orange County

Heartfulness: Transformation in Christ

A DVD series on the Spiritual Journey with Fr. Thomas Keating and Betty Sue Flowers

For over 25 years Contemplative Outreach has been dedicated to transmitting the living tradition of the contemplative Christian heritage through the teachings of Fr. Thomas Keating, Centering Prayer, and through programs and offerings that support contemplation in ordinary life.

Heartfulness: Transformation in Christ condenses the accumulated wisdom of Fr. Thomas' many years of teaching and practice into nine essential areas for study, reflection and spiritual growth for our time.

Captured over a two day period in nine hours of interviews, Fr. Thomas guides the viewer toward a profound understanding of the contemplative dimension of the Gospel and its extraordinary implications and applications for personal freedom and global peace. He explains that the inherent human quest for happiness is itself the greatest proof of God's existence. Two years in the making, the Heartfulness series was prepared with much prayer and blessing.

The retreat will feature a balanced rhythm of Centering Prayer, silence and solitude, discussion and personal reflection. The topics that will be explored are *The Pursuit of Happiness, The Human Condition, Centering Prayer, Sin, Suffering, Redemption, Love and the Trinity, Divine Indwelling and Divine Transformation.*

".....that which is hidden from our senses and intellect becomes more and more transparent as our consciousness is being transformed....we participate in a more genuine life, the fullness of life in the Divine." Cf. Thomas Keating, *The Heart of the World*

Date: June 17-24, 2011
Place: Carondelet Hospitality Center, Latham, NY
Staff: Gail Fitzpatrick-Hopler, Sr. Peggy Murphy, Cathy McCarthy
Cost: \$800 —\$200 deposit due with Registration (US Funds)
(non-refundable after April 1, 2011)
Contact: Cathy McCarthy
Contemplative Outreach of Orange County
Post Office Box 208, Cornwall, New York 12518-0208
845 534-5180—Email cmccarthy001@hvc.rr.com

For additional information and/or Registration Form, please contact Cathy McCarthy

Contemplative Outreach of Orange County
P. O. Box 208
Cornwall, NY 12518-0208

Phone: 845 534-5180
E-mail: cmccarthy001@hvc.rr.com
website: www.centeringprayernys.org