



Contemplative Outreach of Orange County

NINE MONTH COURSE: THE PRACTICE AND DEEPENING OF CONTEMPLATIVE LIVING

St. Lawrence Retreat Center SL #5—2018-2019

This Course enables one to practice and deepen contemplative living according to one's own lifestyle. Formation will be offered in contemplative prayer, lifestyle and activity through:

- ◆ Deepening our experience of Centering Prayer, Lectio Divina, the Active Prayer, Logging, Welcoming Prayer Practice and Spiritual Reading.
- ◆ Nurturing the contemplative dimension of one's lifestyle by exercising discernment, simplicity, forgiveness, integrity and commitment

The ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. This integration is accomplished, in part, by opening to God as a community and consenting to God's presence and action individually and communally.

The Course meets one weekend a month from August 2018– May 2019 and is presented by Nine Month Course Staff. The full cost is \$2675 which includes all materials.

We can accommodate 20 participants in single rooms with private bath.

COURSE WEEKEND DATES

2018 - August 31-September 2; September 28-30; November 23-25; December 14-16

2019- January 11-13, February 8-10; March 8-10; April 12-14; May 10-12

TUITION PAYMENTS

\$725 Deposit (non-refundable after August 1, 2018)
\$650 By September 1, 2018
\$650 By December 1, 2018
\$650 By March 1, 2019

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APPLICATION

Name: _____
(Please print)

Address: _____

City: _____ State: _____ (Zip Code) _____

Telephone Number: Home: _____ Cell _____

E-mail address: (Please print) _____

Requirements: - an established Centering Prayer Practice

Describe your Centering Prayer Practice

Briefly comment on why you want to attend this Course

Enclosed is my deposit of \$725 (non-refundable after August 1, 2018). Please make checks payable to Contemplative Outreach of Orange County. All reservations are subject to confirmation. If you have any questions, please contact Cathy McCarthy.

My intention is to participate fully in the Course and its practice of contemplative living. I understand that after the Course begins, there are no refunds on the entire tuition cost.

Date: _____

Signature: _____