



Contemplative Outreach of Orange County

NINE MONTH COURSE: THE PRACTICE AND DEEPENING OF CONTEMPLATIVE LIVING

St. Lawrence Retreat Center SL #1—2012-2013

This Course enables one to practice and deepen contemplative living according to one's own lifestyle. Formation will be offered in contemplative prayer, lifestyle and activity through:

- ◆ Deepening our experience of Centering Prayer, Lectio Divina, the Active Prayer, Logging, Welcoming Prayer Practice and Spiritual Reading.
- ◆ Nurturing the contemplative dimension of one's lifestyle by exercising discernment, simplicity, forgiveness, integrity and commitment

The ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. This integration is accomplished, in part, by opening to God as a community and consenting to God's presence and action individually and communally.

The Course meets one weekend a month from September 2012 – May 2013, and is presented by Nine Month Course Staff. The full cost is \$2025 which includes all materials.

We can accommodate 20 participants in single rooms with private bath.

COURSE WEEKEND DATES

September 14-16, 2012

November 2-4, 2012

November 16-18, 2012

December 14-16, 2012

January 11-13, 2013

February 15-17, 2013

March 8-10, 2013

April 19-21, 2013

May 10-12, 2013

TUITION PAYMENTS

\$675 Deposit (non-refundable after September 1, 2012)

\$450 By September 14, 2012

\$450 By December 14, 2012

\$450 By March 8, 2013

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