



# Contemplative Outreach of Orange County

## **NINE MONTH COURSE: THE PRACTICE AND DEEPENING OF CONTEMPLATIVE LIVING**

Bethany #4—2010-2011

This Course enables one to practice and deepen contemplative living according to one's own lifestyle. Formation will be offered in contemplative prayer, lifestyle and activity through:

- ◆ Deepening our experience of Centering Prayer, Lectio Divina, the Active Prayer, Logging, Welcoming Prayer Practice and Spiritual Reading.
- ◆ Nurturing the contemplative dimension of one's lifestyle by exercising discernment, simplicity, forgiveness, integrity and commitment

The ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. This integration is accomplished, in part, by opening to God as a community and consenting to God's presence and action individually and communally.

The Course meets one weekend a month from September 2010 – May 2011, and is presented by Nine Month Course Staff. The full cost is \$2125 which includes all materials.

We can accommodate 25 participants in single rooms.

### **COURSE WEEKEND DATES**

September 17-19, 2010

October 29-31, 2010

November 19-21, 2010

December 17-19, 2010

January 14-16, 2011

February 18-20, 2011

March 25-27, 2011

April 15-17, 2011

May 20-22, 2011

### **TUITION PAYMENTS**

\$625 Deposit (non-refundable after September 1, 2010)

\$500 By September 17, 2010

\$500 By December 17, 2010

\$500 By March 25, 2011

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